

Camp Seale Harris Mobile Day Camp Additional Information

- The Blood Sugar and Insulin Record should be brought to camp with your child. Use this form to keep a record of your child's blood sugars and insulin dosages for the week prior to coming to camp. This is very important information about how blood glucose levels have been running and current treatment and will help us understand more about your child's diabetes.
- Also included in the packet is a "What to Bring to Camp" list and driving directions to camp.
- Check in date and time:

Monday, July 24, 8:30 AM

Please note that camp personnel will not be onsite until 8:30 AM.

Camp hours are 8:30 AM-4:30 PM daily Monday, July 24 - Friday, July 28.

*There will be a parent program at **3:00 PM** on Friday, July 28 **Please Note Earlier Time**

Check out WILL NOT begin before the scheduled check out time.

Staff will vacate camp immediately following check out.

Lunch and snacks will be provided each day.

Limited transportation may be available for campers living in or near the areas of Spanish Fort and Mobile. If you wish to take advantage of this possible opportunity, please contact our office at 205-402-0415 or sarah@campsealeharris.org.

Directions

Camp will be held at: Camp Grace 11081 Wanda Drive Mobile, AL 36608

From I-65, take the Airport Hwy Exit #3 / CR 56 West, and go 10.3 miles. Turn right on Eliza Jordan Road, South, and go 1.3 miles.

Turn left on Elnina Drive. Stay straight to go onto Wanda Drive. Camp Grace is at the end of Wanda Drive.

What to Wear, What to Bring, and Directions to CSH Mobile Day Camp

What to Wear Each Day Please wear comfortable clothing such as shorts, jeans, T-shirts, etc. Activities will be conducted inside and outside throughout the day. Please wear clothes that will not be hurt if soiled. Please put your child's name on all belongings. **Tennis shoes with socks are required.**

Bring a Swimsuit, Towel, and Flip Flops/Watershoes: Due to the type of water activities we recommend tankinis/one-pieces for girls and swim shorts (not speedo) for boys. If your child burns easily a rash guard (swim shirt) would also be a great choice. Put your child's name on all items.

Prescription Medications: Turn in to the medical staff each day at check in. Bring in original container labeled with child's name, drug name, dosage, physician's name, and pharmacy name and phone number.

Insulin Pump, CGMs, Equipment and Supplies: If your child uses an insulin pump or continuous glucose monitor, you will need to bring 2-3 sets (these will be extra sets just in case), syringes, IV prep, tape/adhesive/etc. for sets, set injector if used, spare batteries, and anesthetic crème, if used (camp will provide insulin, if needed). These supplies should be in a bag marked with the **child's name in bright bold letters.** (If using a cell phone as a receiver please see below.*)

What Not to Bring

Blood Glucose Monitors or Strips (provided by camp)

Insulin Pens, syringes, insulin vials (provided by camp)

Electronic Toys

Cell Phones, pagers, or other communication devices. *Day campers using CGMs may have their cell phones but only for the CGM function (they are not allowed to use their phone for other purposes) and the Share/Follow functions will be turned off during camp hours.

Any form of tobacco/nicotine (chewing, smoking, or vaping) or alcohol

Non-prescribed drugs/medications (without a physician's note).

A physician's note must accompany any over-the-counter medication including pain relievers, allergy medication, vitamins, supplements, etc.

NOTE: As we all know, working with numerous children, we as staff and counselors cannot always keep up with each child's personal belongings. It is better to leave these items at home.