



Camp Seale Harris Dothan Day Camp Additional Information

Eastgate Park

- **The Blood Sugar and Insulin Record should be brought to camp with your child.** Use this form to keep a record of your child's blood sugars and insulin dosages for the week prior to coming to camp. This is very important information about how blood glucose levels have been running and current treatment and will help us understand more about your child's diabetes.
- **Also included in the packet is a "What to Bring to Camp" list and driving directions to camp.**

- **Check in date and time:**

Monday, June 20, 8:00 AM

Please note that camp personnel will not be onsite until 8:00 AM.

Camp hours are 8:00 AM-3:00 PM daily Monday, June 20-Friday, June 24.

Parents are invited to a Camper Award Program on Friday at 2:00 PM.

Check out WILL NOT begin before the scheduled check out time.

Staff will vacate camp immediately following check out.

Lunch and snacks will be provided each day.

Directions

Camp will be held at:

City of Dothan's Eastgate Park
1949 Sanitary Dairy Road
Dothan, AL 36312

From Dothan, go east on West Main Street / US-84-BR E / AL-52 E.

West Main Street becomes East US Highway 84 / US-84 E / AL-12 E.

Turn right onto Sanitary Dairy Road, which is 0.1 miles past Jester Street. If you reach Broad Street, you've gone about 0.7 miles too far.

Eastgate Park is on the left, 0.7 miles past Lewis Dairy Road. If you reach Lucy Grade Road, you've gone about 0.5 miles too far.

What to Wear, What to Bring, and Directions to CSH Dothan Day Camp

What to Wear Each Day:

Please wear comfortable clothing such as shorts and T-shirt. Many activities take place out-of-doors. Please wear clothing that keeps you as cool as possible and will not be hurt if soiled. Please put your child's name on all belongings. **Tennis shoes with socks are required.**

Bring a Swimsuit, Towel, and Flip Flops/Water shoes: Due to the type of water activities we recommend tankinis/one-pieces for girls and swim shorts (not speedo) for boys. If your child burns easily a rash guard (swim shirt) would also be a great choice. Put your child's name on all items.

Prescription Medications: Turn in to the medical staff each day at check in. Bring in original container labeled with child's name, drug name, dosage, physician's name, and pharmacy name and phone number.

Insulin Pump, CGMs, Equipment and Supplies: If your child uses an insulin pump or continuous glucose monitor, you will need to bring 1-2 sets (these will be extra sets just in case), syringes, IV prep, tape for sets, set injector if used, spare batteries, and anesthetic crème, if used (camp will provide insulin, if needed). These supplies should be in a bag marked with the **child's name in bright bold letters**. *If using a cell phone as a receiver please see below.**

What Not to Bring

Blood Glucose Monitors or Strips (provided by camp)

Insulin Pens, syringes, insulin vials (provided by camp)

Electronic Toys

Cell Phones, pagers, or other communication devices. **Day campers using CGMs may use their cell phones but can only for the CGM function (they are not allowed to use their phone for other purposes) and the Share/Follow functions will be turned off during camp hours.*

Any form of tobacco/nicotine (chewing, smoking, or vaping) or alcohol

Non-prescribed drugs/medications (without a physician's note).

A physician's note must accompany any over-the-counter medication including pain relievers, allergy medication, vitamins, supplements, etc.

NOTE: As we all know, working with numerous children, we as staff and counselors cannot always keep up with each child's personal belongings. It is better to leave these items at home.