



Coastal Camp Seale Harris Camp Additional Information

- **The Blood Sugar and Insulin Record should be brought to camp with your child.** Use this form to keep a record of your child's blood sugars and insulin dosages for the week prior to coming to camp. This is very important information about how blood glucose levels have been running and current treatment and will help us understand more about your child's diabetes.
- **Also included in the packet is a "What to Bring to Camp" list and driving directions to camp.**
- **Check in date and time:**
Sunday, July 25, 1:30 PM – 3:30 PM
Please note that camp personnel will not be onsite until 1:30 PM
To assist with our social distancing and safety plan, we ask that only ONE parent/guardian bring a camper to check them in. If you have questions please contact sarah@campsealeharris.org.
- **Check out date and time:**
Friday, July 30, 11:00 AM – 12:00 PM
Check out WILL NOT begin before the scheduled check out time.
To assist with our social distancing and safety plan, we ask that only ONE parent/guardian bring a camper to check them out. If you have questions please contact sarah@campsealeharris.org.
- **Camp Seale Harris activities are held at - Camp Grace, 11081 Wanda Drive, Mobile, AL 36608** From I-65, take the Airport Hwy Exit #3 / CR 56 West, and go 10.3 miles. Turn right on Eliza Jordan Road, South, and go 1.3 miles. Turn left on Elnina Drive. Stay straight to go onto Wanda Drive. Camp Grace is at the end of Wanda Drive.

Limited transportation may be available for overnight campers living in or near Pensacola. If you need to take advantage of this opportunity, please contact our office at 205-402-0415 or info@campsealeharris.org.

Camp Theme!!! – There's No Place Like Home!! After a year of missing camp, we've all become a bit homesick for Camp. So we are clicking our heels together like Dorothy in the Wizard of Oz and proclaiming "There's no place like home!." Dress up as your favorite character from the movie or favorite camp staff member (or even favorite camp activity)!

Camp Seale Harris Coastal Camp 2020

What to Bring to Check-in

Blood Sugar and Insulin Record

Prescription medications, excluding insulin. Medications will be kept in the Infirmary. Please bring medications in their original container labeled with child's name, drug name, dosage, physician's name, pharmacy name, and phone number. If prescriptions are left at home, a Wal-Mart & Walgreens pharmacy are located in Alexander City. Parent/Guardian is responsible for the purchase of prescription medications.

For over the counter (OTC) medications that your camper must take every day, a doctor's note approving the medication's use will be required to be supplied for check in. All OTC medications taken only if needed (pain relievers, allergy meds, antacids, etc.), will be provided by camp. Camp has a supply of all common OTC medications and physicians available to give orders for appropriate use. If you have any questions or concerns prior to check in, please call the camp office.

If your camper uses a CGM, bring the receiver as cell phones are not permitted at camp. If you do not have a receiver, CSH may be able to provide a loaner receiver for the time at camp. If you have questions, contact the camp office.

Insulin pump and continuous glucose monitoring system equipment and supplies. If camper uses a pump and/or CGM, bring sets, syringes, IV prep, tape for sets, set injector if used, spare batteries, and anesthetic cream, if used. A protective case for the

pump may be brought to prevent damage. Bring twice what you expect your camper to use. Unused supplies will be returned.

What to Pack for Cabin (please label all items with name)

Masks: Masks will be required during most times at camp. We ask/recommend that you provide one mask per day, if possible

Toiletries, including toothbrush, toothpaste, soap, shampoo, deodorant, sunscreen, and bug spray.

Short pants, jeans, shirts, underwear, socks, robe, pajamas, and slippers. We recommend a change of clothes for each day, plus one or two extra changes.

Two swim suits. For girls, we ask that one-piece suits that provide a reasonable amount of coverage (this can include tankinis that have the coverage of a one-piece). In addition to swimming, campers sometimes prefer showering in their swim suit.

We recommend two pair of comfortable shoes-leather shoes, boots, or tennis shoes

Water shoes for the pool, water slide, and water games (optional)

Laundry bag (or plastic bag) labeled with child's name

Shower slippers or flip flops

Raincoat or poncho (optional)

Flashlight and extra batteries (optional)

Stationery/stamped envelopes for letters home (optional)

We recommend that your child's name be written inside his/her clothing and on other possessions.

NOTE: ALL LINENS, INCLUDING TOWELS, SHEETS (twin size), AND PILLOWS WILL **NOT** BE FURNISHED. YOU NEED TO BRING THESE ITEMS.

Do NOT Bring

- Insulins, syringes, and testing supplies. These will be supplied by CSH.
- Food or candy. All meals and snacks will be provided.
- Cell phones (CGM users bring receiver), any form of tobacco, vaping, alcohol, or unprescribed drugs/medications. ALL camper and staff medications, both prescription or over-the-counter, must be kept with medical staff at camp (they may not be kept in the cabins).

Calls to Camp—If needed, you may call the camp office to ask about your child. If it is not an emergency, we ask that you call between 9:00 AM and 4:30 PM. The office telephone number is 205-402-0415.