



CAMP SEALE HARRIS

SOUTHEASTERN DIABETES EDUCATION SERVICES

Camp Seale Harris 2020 Fall Family Camp – October 23-25, 2020

We have received the registration for your family to attend our Fall Family Camp. We have a full schedule planned with opportunities to learn and share. We will also have lots of fun!

Check-in is Friday from 4:00 PM – 5:00 PM with opening activity and introductions at 5:30 PM. If you must arrive after 5:00 PM, please contact Sarah@campsealeharris.com to schedule your arrival time. If you will be arriving after 6:00 pm please eat dinner prior to arrival.

We will have informative education programs available to you during the weekend. **Please contact our office if there are particular topics that you would like to have discussed.** Often, families have information that may be helpful to others. If you have written information that you would like to share, please bring copies for others.

Please review the following list of items to bring with you:

Masks and Hand Sanitizer

Bedding* and Towels

All medications – including insulin and syringes

Comfortable leisure clothing **

Watch (or other method of keeping time)

Camera/batteries

Sunscreen, lip balm, sunglasses, hat

Rain Gear

Blood Glucose checking supplies

Insect Repellent

Closed toe shoes for walking or playing

Flashlight/batteries

Creative/interesting hat for silly hat lunch

Costume for carnival (optional)

***No bedding supplies, towels, or pillows will be provided by camp this program. We apologize for the inconvenience. Beds are twin size. Feel free to use sleeping bags or other size sheets that you can wrap under mattress. Don't forget your pillow!**

****Weather during this time of year can range from hot to cold and often be rainy. Please come prepared with appropriate clothing. Layering is often best.**

Meals and snacks will be served Friday dinner through Sunday lunch. You may bring additional snacks for your family, if desired.

CSH is not responsible for personal items lost, misplaced, etc. Camp staff reserves the right to send a person home if illness or significant reason dictates.

Check-out will occur at approximately 12:15pm on Sunday. Please plan on staying until the end as we have some great closing activities planned!

If additional information is needed, or if your arrival will be unexpectedly delayed, please contact us at:

205-402-0415

info@campsealeharris.org

Camp Seale Harris at Camp ASCCA, Lake Martin

GPS Address:

5278 Camp ASCCA Drive

Jackson's Gap, AL 36861

Directions from:

Birmingham

Follow US 280 East from Birmingham through Alexander City. After passing over the Tallapoosa River Bridge, continue approximately 3 miles and turn left on Jackson's Gap Way. After 1 mile, turn left on Main Street; after 0.6 miles, turn left on Rock Springs Road; after 2.1 miles, turn left on Camp ASCCA Drive. Continue on Camp ASCCA Drive for 4.7 miles. (1.5 – 2 hour trip).

Montgomery, AL

Take I-85 North 32 miles to the Franklin Exit #32 (AL Hwy 49). Travel 31 miles to Dadeville, and turn left onto US Hwy 280 West. Travel approximately 3 miles, and turn right onto Main Street (County Road 57). After 1.5 miles, turn right onto Abbott Drive; after 0.2 miles turn right onto Rock Springs Road; after 2.1 miles, turn left onto Camp ASCCA Drive. Continue on Camp ASCCA Drive for 4.7 miles. (1.5 hour trip).

Columbus, GA

Take US Hwy 280 West through Phenix City, Opelika, and Dadeville. Travel approximately 60 miles. Turn right onto Main Street (County Road 57). After 1.5 miles, turn right onto Abbott Drive; after 0.2 miles turn right onto Rock Springs Road; after 2.1 miles, turn left onto Camp ASCCA Drive. Continue on Camp ASCCA Drive for 4.7 miles. (1.5 hour trip).

Atlanta, GA

Take I-85 Southwest to the Opelika Exit # 58 in Alabama (US Hwy 280). Follow Hwy 280 for 30.2 miles through Opelika and Dadeville. Turn right onto Main Street (County Road 57). After 1.5 miles, turn right onto Abbott Drive; after 0.2 miles turn right onto Rock Springs Road; after 2.1 miles, turn left onto Camp ASCCA Drive. Continue on Camp ASCCA Drive for 4.7 miles. (2.5 hour trip).