



## CAMP SEALE HARRIS

SOUTHEASTERN DIABETES EDUCATION SERVICES

### Camp Seale Harris 2019 Fall Family Camp – October 25-27, 2019

We have received the registration for your family to attend our Fall Family Camp. We have a full schedule planned with opportunities to learn and share. We will also have lots of fun!

Check-in is Friday from 4:00 PM – 5:00 PM with opening activity and introductions at 5:30 PM. If you arrive after 6:00 PM, please eat dinner prior to arrival.

We will have informative education programs available to you during the weekend. **Please contact our office if there are particular topics that you would like to have discussed.** Often, families have information that may be helpful to others. If you have written information that you would like to share, please bring copies for others.

Please review the following list of items to bring with you:

All medications – including insulin and syringes  
Comfortable leisure clothing  
Watch (or other method of keeping time)  
Camera/batteries  
Sunscreen, lip balm, sunglasses, hat

Blood-glucose checking supplies  
Closed toe shoes for walking or playing  
Insect repellent  
Flashlight/batteries  
Creative/interesting hat for silly hat lunch  
Costume for carnival (optional)

**All linens, blankets, pillows, washcloths, and towels are provided by the camp.**

Meals and snacks will be served Friday dinner through Sunday lunch. You may bring additional snacks for your family, if desired.

CSH is not responsible for personal items lost, misplaced, etc. Camp staff reserves the right to send a person home if illness or significant reason dictates.

If additional information is needed, or if your arrival will be unexpectedly delayed, please contact us at:

205-402-0415

[info@campsealeharris.org](mailto:info@campsealeharris.org)

## **Camp Seale Harris at Camp ASCCA, Lake Martin**

### **GPS Address:**

**5278 Camp ASCCA Drive**

**Jackson's Gap, AL 36861**

### **Directions from:**

#### **Birmingham**

Follow US 280 East from Birmingham through Alexander City. After passing over the Tallapoosa River Bridge, continue approximately 3 miles and turn left on Jackson's Gap Way. After 1 mile, turn left on Main Street; after 0.6 miles, turn left on Rock Springs Road; after 2.1 miles, turn left on Camp ASCCA Drive. Continue on Camp ASCCA Drive for 4.7 miles. (1.5 – 2 hour trip).

#### **Montgomery, AL**

Take I-85 North 32 miles to the Franklin Exit #32 (AL Hwy 49). Travel 31 miles to Dadeville, and turn left onto US Hwy 280 West. Travel approximately 3 miles, and turn right onto Main Street (County Road 57). After 1.5 miles, turn right onto Abbott Drive; after 0.2 miles turn right onto Rock Springs Road; after 2.1 miles, turn left onto Camp ASCCA Drive. Continue on Camp ASCCA Drive for 4.7 miles. (1.5 hour trip).

#### **Columbus, GA**

Take US Hwy 280 West through Phenix City, Opelika, and Dadeville. Travel approximately 60 miles. Turn right onto Main Street (County Road 57). After 1.5 miles, turn right onto Abbott Drive; after 0.2 miles turn right onto Rock Springs Road; after 2.1 miles, turn left onto Camp ASCCA Drive. Continue on Camp ASCCA Drive for 4.7 miles. (1.5 hour trip).

#### **Atlanta, GA**

Take I-85 Southwest to the Opelika Exit # 58 in Alabama (US Hwy 280). Follow Hwy 280 for 30.2 miles through Opelika and Dadeville. Turn right onto Main Street (County Road 57). After 1.5 miles, turn right onto Abbott Drive; after 0.2 miles turn right onto Rock Springs Road; after 2.1 miles, turn left onto Camp ASCCA Drive. Continue on Camp ASCCA Drive for 4.7 miles. (2.5 hour trip).