



Camp Seale Harris Tuscaloosa Day Camp Additional Information

- **The Blood Sugar and Insulin Record should be brought to camp with your child.** Use this form to keep a record of your child's blood sugars and insulin dosages for the week prior to coming to camp. This is very important information about how blood glucose levels have been running and current treatment and will help us understand more about your child's diabetes.
- **Also included in the packet is a "What to Bring to Camp" list and driving directions to camp.**
- **Check in date and time:**

Monday, July 8, 8:30 AM

Please note that camp personnel will not be onsite until 8:30 AM.

Camp hours are 8:30 AM-4:00 PM daily Monday, July 8-Friday, July 12.

Parents are invited to a Camper Award Program on Friday at 3:00 PM.

Check out WILL NOT begin before the scheduled check out time.

Staff will vacate camp immediately following check out.

Lunch and snacks will be provided each day.

What to Wear, What to Bring, and Directions to CSH Tuscaloosa Day Camp

What to Wear Each Day: Please wear comfortable clothing such as shorts, jeans, T-shirts, etc. Activities will be conducted inside and outside throughout the day. Please wear clothes that will not be hurt if soiled. **Tennis shoes with socks are required.**

Bring a Swimsuit, Towel, and Flip Flops/Water shoes: We recommend 1-piece suits that provide a reasonable amount of coverage. Put your child's name on the towel.

Prescription Medications: Turn in to the nurse each day at check in. Bring in original container labeled with child's name, drug name, dosage, physician's name, and pharmacy name and phone number.

Insulin Pump, Equipment and Supplies: If your child uses a pump, you will need to bring pump sets, syringes, IV prep, tape for sets, set injector if used, spare batteries, and anesthetic crème, if used. These supplies should be in a bag marked with the **child's name in bright bold letters.**

What Not to Bring

Blood Glucose Monitors

Electronic Toys

Cell Phones, pagers, or other communication devices

Any form of tobacco

Alcohol or non-prescribed drugs/medications

NOTE: As we all know, working with numerous children, we as staff and counselors cannot always keep up with each child's personal belongings. It is better to leave these items at home.

Directions

Camp will be held at:

Camp Tuscoba
2900 Camp Tuscoba Road
Northport, AL 35473

From I-59/20:

Take exit #73 (McFarland Boulevard) onto McFarland Boulevard East (US-82 West)
Follow McFarland Boulevard approximately 6.5 miles through Tuscaloosa into Northport.
Turn right onto AL-69N (Taco Bell) and travel approximately 1.4 miles
Turn left onto Union Chapel Road (Texaco) and travel 1.3 miles
Turn right onto Camp Tuscoba Road and follow into the camp.