



CAMP SEALE HARRIS

SOUTHEASTERN DIABETES EDUCATION SERVICES

Camp Seale Harris 2019 Spring Family Weekend – April 5 - 7, 2019

We have received the registration for your family to attend our Spring Family Weekend. We have a full schedule planned with opportunities to learn and share. We will also have lots of fun!

Check-in is Friday from 4:00 PM – 5:00 PM with opening activity and introductions at 5:30 PM. If you arrive after 6:00 PM, please eat dinner prior to arrival.

We will have informative education programs available to you during the weekend. **Please contact our office if there are particular topics that you would like to have discussed.** Often, families have information that may be helpful to others. If you have written information that you would like to share, please bring copies for others.

Please review the following list of items to bring with you:

All medications – including insulin and syringes
Comfortable leisure clothing
Watch
Camera/batteries
Flashlight/batteries
Sunscreen, lip balm, sunglasses, hat

Blood-glucose checking supplies
Closed-toe shoes for walking or playing
Insect repellent
Water shoes with ankle strap and closed toe
Swimsuit (for use while boating)

All linens, blankets, pillows, washcloths, and towels are NOT provided by the camp – please bring these items! Bring bedding for twin size mattresses.

Meals and snacks will be served Friday dinner through Sunday lunch. You may bring additional snacks for your family, if desired.

CSH is not responsible for personal items lost, misplaced, etc. Camp staff reserves the right to send a person home if illness or significant reason dictates.

Directions to Camp Grace (11081 Wanda Drive, Mobile, AL 36608) -

From I-65, take the Airport Hwy Exit #3 / CR 56 West, and go 10.3 miles. Turn right on Eliza Jordan Road, South, and go 1.3 miles. Turn left on Elnina Drive. Stay straight to go onto Wanda Drive. Camp Grace is at the end of Wanda Drive.

If additional information is needed, or if your arrival will be unexpectedly delayed, please contact us at:

205-402-0415

or

850-312-8849

info@campsealeharris.org